



This year is like every year. It will be rich with opportunity, triumph, and growth. It will also have its challenges, frustrations, and disappointments. It is like every year: exactly what you decide it will be.

Write your intention on this card. Fold it so that it is either visible for all to see or hidden for just you to know. Put it on your bathroom mirror, your car's dashboard, your desk at work . . . think of it, and know that you are deciding to make this year yours.

*fold forward to share*

*fold under if it's just for you*

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# This year I'm going to

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